

Polar Bear Strut 5K Run

Age Group Results

January 30, 2010

RaceDay Timing Solution...Questions About Results e-mail runsfar@kc.rr

Overall Female Overall Winners

Place	Name	City	Age	Overall	Time
1	Bridgette McCormick	Merriam KS	16	11	25:48.5

Female 10 to 19

Place	Name	City	Age	Overall	Time
1	Morgan Diaz	Olathe KS	17	39	33:58.2
2	Kelly Cosgrove	Kansas City KS	14	54	38:14.3
3	Marissa Alvano	Shawnee KS	18	80	52:15.9
4	Dominique Vestal		16	81	52:19.4
5	Kelly Novosel	Overland Park KS	16	82	52:19.9
6	Chloe Biron	Lake Quivira KS	16	83	52:20.0
7	Jordyn Beck	Overland Park KS	16	84	52:20.1
8	Jillian Pfaff	Overland Park KS	17	85	52:20.6
9	Kathleen Cosgrove	Kansas City KS	17	90	52:42.2
10	Lisa Rogers		19	92	54:11.9
11	Michelle Cheung	Shawnee Mission KS	16	95	57:14.1
12	Abigail Bessenbacher	Belton MO	19	103	1:09:56.3

Female 20 to 29

Place	Name	City	Age	Overall	Time
1	Blair Gordon	Overland Park KS	23	16	26:53.5
2	Marissa Szukala	Lenexa KS	25	17	27:23.5
3	Cortney Niedringhaus	Kansas City MO	29	22	28:32.6
4	Cassie Johnson	Overland Park KS	20	28	30:24.0
5	Janet Broome		26	31	31:11.9
6	Stephanie Layne	Shawnee KS	28	35	32:46.2
7	Kari Murphy	Kansas City MO	25	40	34:23.0
8	Christina Pankaskie	Wichita KS	28	44	35:50.9
9	Lyndsey Kratzberg	Olathe KS	25	50	37:23.7
10	Katy Walker	Kansas City MO	25	52	38:02.1
11	Jennifer Friebel	Edwardsville KS	26	64	42:57.2
12	Cassie Gaughan	Kansas City MO	23	69	44:11.2
13	Julie Newport	Sugar Creek MO	26	72	46:57.7
14	Courtney Kasun	Kansas City MO	25	76	51:25.8
15	Rebecca Pals	Shawnee Mission KS	20	87	52:27.4
16	Amy Leeke	Warrensburg MO	20	93	56:00.1
17	Nichole Nyhart	Louisburg KS	24	94	56:00.6
18	Amy Craig	Overland Park KS	25	98	58:18.9
19	Cassie Crownover	Pleasant Hill MO	24	99	58:19.2
20	Kathryn McClanahan	Olathe KS	22	102	1:09:56.3

Female 30 to 39

Place	Name	City	Age	Overall	Time
1	Jamie Farmer		35	12	25:49.7
2	Sherro Farmer		34	30	31:03.7
3	Kellie Goldsberry	Kansas City MO	31	42	35:20.2

4	Rochelle Hobart	Kansas City	KS	30	43	35:34.2
5	Lori Burgard	Overland Park	KS	38	48	36:40.3
6	Melanie Roberts	Lawrence	KS	32	51	38:01.5
7	Janice Brush	Kansas City	MO	31	53	38:02.4
8	Rebble Kelsey	Overland Park		32	55	38:44.2
9	Katie Harrison	Kansas City	MO	37	59	39:40.8
10	Bridget Wasko			31	61	41:45.2
11	Lesleigh Terrill			30	65	43:17.4
12	Stacey Klinzing	Overland Park	KS	34	71	46:38.9
13	Lori Wolf	Shawnee Mission	KS	39	73	47:42.2
14	Casey Reber	Prairie Village	KS	31	74	47:42.6
15	Maria Carter			30	77	51:26.0
16	Laura Fleming	Olathe	KS	32	78	52:13.7
17	Peggy Cheung	Shawnee Mission	SC	39	96	57:43.0
18	Becky Wilson	Grandview	MO	33	100	1:03:46.0
19	Sharon Durham			38	105	1:11:35.8

Female 40 to 49

Place	Name	City	Age	Overall	Time	
1	Laura Nelson		41	25	28:58.9	
2	Kerry Cosgrove	Kansas City	KS	47	89	52:41.4
3	Diane Rogers		47	91	54:11.7	
4	Michelle Cargile	Overland Park	KS	43	101	1:03:49.9

Female 50 to 59

Place	Name	City	Age	Overall	Time	
1	Laura Crockett	Merriam	KS	53	32	31:30.0
2	Karen Parrish	Imperial	MO	54	62	42:08.7
3	Mary Mashek	Olathe	KS	55	75	50:26.2
4	Irene Brown	Overland Park	KS	58	106	1:11:59.6

Female 60 to 69

Place	Name	City	Age	Overall	Time	
1	Donna Romans	Kansas City	MO	62	27	29:54.1

Overall Male Overall Winners

Place	Name	City	Age	Overall	Time
1	Dave Werkowitch		31	1	22:32.9

Male 0-9

Place	Name	City	Age	Overall	Time	
1	Unknown Partic.		19		27:46.7	
2	Caleb Tywater	Shawnee Mission	SC	8	37	33:06.1

Male 10 to 19

Place	Name	City	Age	Overall	Time	
1	Brendan Bradford		15	8	24:51.4	
2	Caleb Nelson		11	13	25:52.7	
3	Anthony M Sabatino		17	18	27:39.7	
4	Callahan Eckardt		13	29	30:58.5	
5	Andrew Pals	Shawnee Mission	KS	17	57	39:06.8

Male 20-29

Place	Name	City	Age	Overall	Time
1	Cody Shaw		26	3	23:29.9
2	Tony Disalro		25	6	24:32.7
3	Deryck Ripley	Kansas City MO	29	7	24:48.6
4	Paul Hanna		27	10	25:39.3
5	Joseph Niedringhaus	Kansas City MO	28	20	28:13.6
6	Umesh Upedhyan		28	21	28:28.2
7	Keith Jeffry	Spring Hill KS	27	26	29:09.8
8	John Olson	Olathe KS	28	36	32:58.7
9	Garrett Drake	Lawrence KS	23	66	43:17.7
10	Nicholas McCleish	Lees Summit MO	27	67	43:23.1
11	Joseph Barton	Lees Summit MO	23	70	44:11.6

Male 30-39

Place	Name	City	Age	Overall	Time
1	Chad Bartels	Gardner KS	36	14	26:11.5
2	Tyler Kelley	Olathe KS	35	15	26:34.1
3	Josh Reeson	Olathe KS	32	38	33:57.3
4	Ric Crowder	Lenexa KS	38	41	34:28.7
5	Adam Powell	Kansas City MO	30	56	39:00.1
6	Jason Ross	Kansas City MO	30	60	40:41.4
7	Jason Whitaker	Shawnee Mission KS	35	63	42:42.0

Male 40-49

Place	Name	City	Age	Overall	Time
1	Rick Armstrong	Kansas City KS	49	2	22:57.1
2	Anthony Sabatino	Lenexa KS	47	5	24:28.5
3	Ty Tywater	Shawnee Mission SC	40	9	25:18.4
4	John Cosgrove	Kansas City KS	47	23	28:50.4
5	Greg Lawson	Kansas City KS	42	24	28:51.0
6	Rick Newson		49	46	35:59.2
7	Steve Steiner		48	49	37:04.1
8	Carl Alvano	Olathe KS	48	79	52:15.5
9	Gregg Eckardt		49	88	52:27.4
10	Alex Cheung	Shawnee Mission KS	40	97	57:43.1
11	Rob Durham		44	104	1:11:35.4

Male 50-59

Place	Name	City	Age	Overall	Time
1	John Dietrich	Shawnee KS	54	4	24:10.3
2	Curtis Parrish	Imperial MO	54	33	32:22.5
3	Kendell Shull	Roeland Park KS	50	45	35:52.4
4	Mark Wenzel		52	47	36:33.2
5	Steve Henry		52	58	39:18.7
6	Ryan Pals	Shawnee Mission KS	51	86	52:27.2

Male 60-69

Place	Name	City	Age	Overall	Time
1	Phil Kelsey	Olathe KS	68	34	32:26.6
2	Ray McDonald	Kansas City MO	63	68	44:04.3